

Welcome to the Dig In! Training

Maggie Rivera



THE OHIO STATE UNIVERSITY
EXTENSION



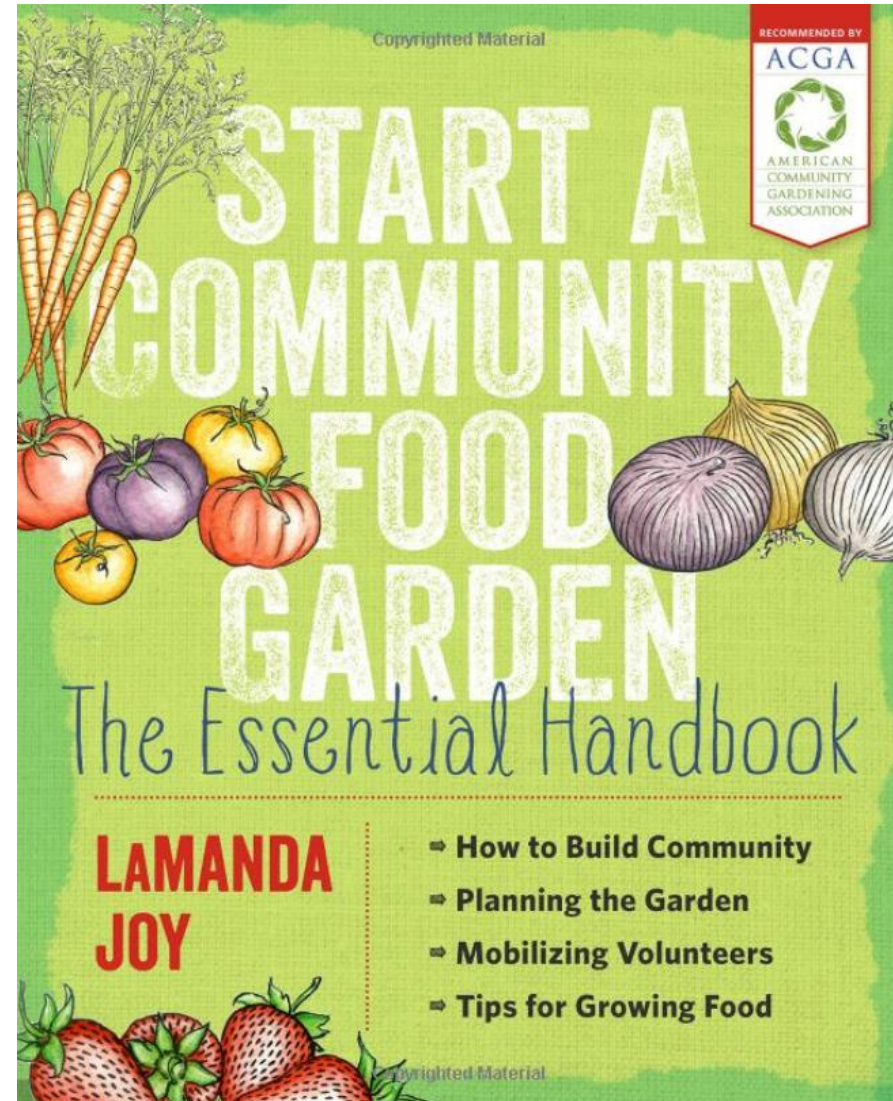


Agenda for today

Covering the basics

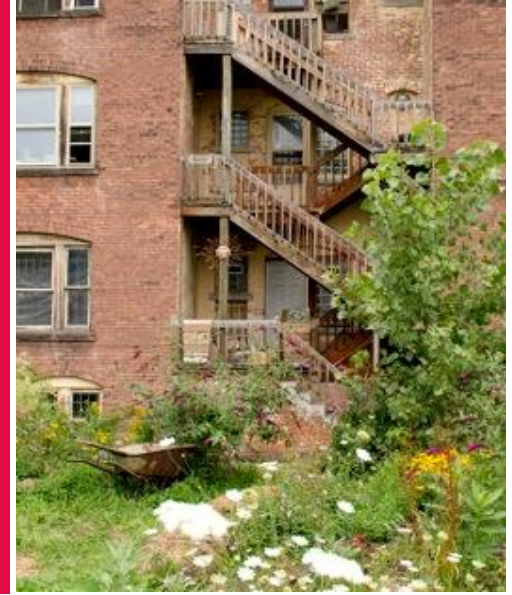
1. OSU Extension Intro Presentation
2. Quick introductions from all of you!
3. Schedule and Syllabus
4. Notes and Book

Book and Class Slides



OSU Extension

Cuyahoga County



**THE OHIO STATE
UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



NIFA LAND-GRANT COLLEGES AND UNIVERSITIES



What is OSU Extension?

- Outreach and engagement arm of The Ohio State University
 - Non-formal education, community based-programs
- Office/programs in all 88 counties of OHIO
- Program Areas:
 - Family and Consumer Sciences,
 - 4-H Youth Development,
 - Community Development, and
 - Agriculture and Natural Resources (that's us!)
- We celebrated 100 years in 2014!



Family & Consumer Sciences

Need-eligible Nutrition Classes

Supplemental Nutrition Assistance Education Program (SNAP-Ed)

- Series of classes focus on: diet quality, physical activity, food safety, and food resource management
- Serves low-income adults and youth (grades K-2)

Expanded Food and Nutrition Education Program (EFNEP)

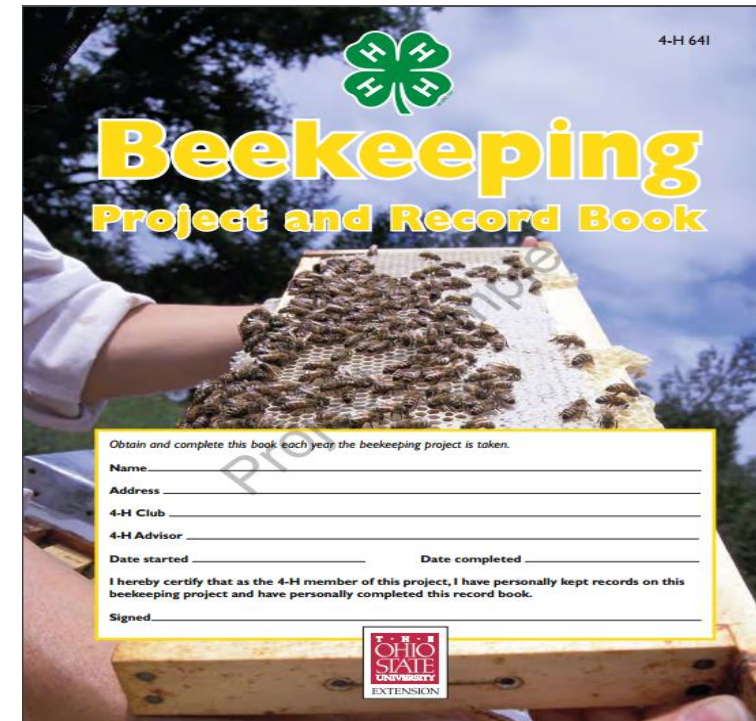
Series of interactive classes that teach healthier food choices, managing food resources, food safety practices

Serves low-income adults caring for children and youth audiences (grades 3-8)

4-H Youth Development

Traditional

- Clubs: organized group with a planned project or program and a trained, adult volunteer
- Groups: youth at a partner agency who participate in a 4-H learning experience
- Involved in the County Fair at the Berea Fairgrounds each August



4-H Youth Development

New and Urban Models

The 4-H Youth Advocacy and Leadership Coalition is a civic leadership program for youth ages 13-18 in Cuyahoga County. The YALC develops young adult leaders by training and supporting them in advocating for youth issues and links them to their communities through service-learning experiences. This non-traditional 4-H club is funded through support of the Family and Children First Council.

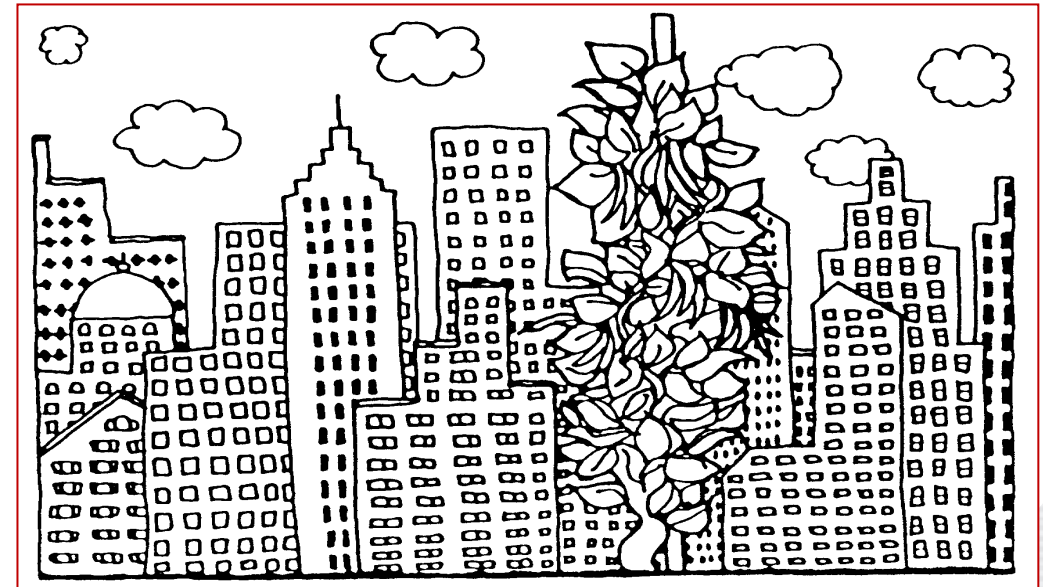
To learn more email Dominique Aaron at aaron.66@osu.edu

OSU Extension

Urban Agriculture Program

Since 1978, OSUE's Urban Agriculture Program in Cuyahoga County has provided education and technical assistance to:

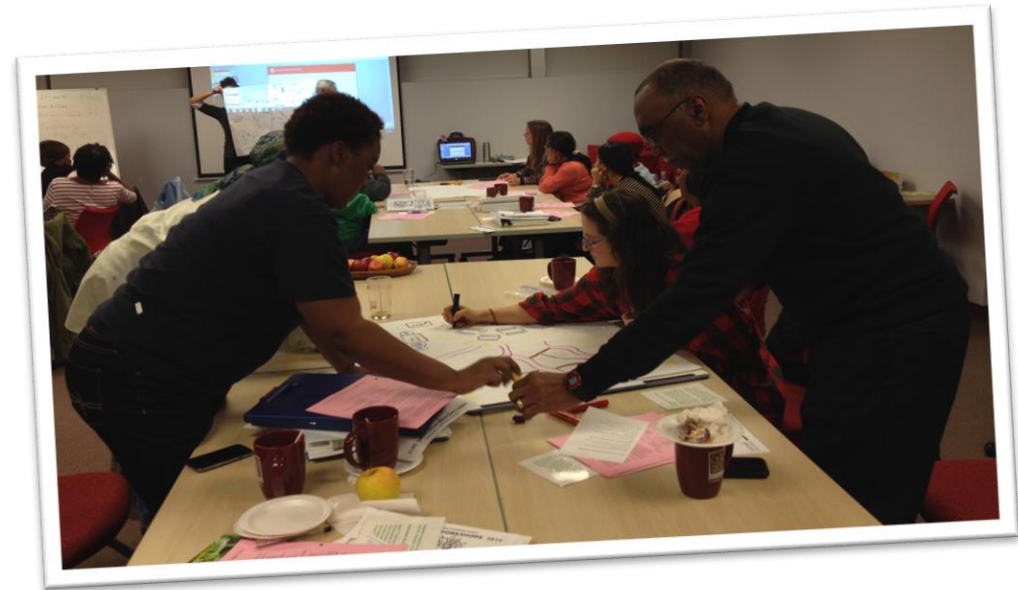
- help people grow nutritious food,
- develop important life skills, and
- build stronger communities and healthier environments.



Dig In! Community Gardener Training

9-week program that builds successful, sustainable community gardens

“It opened up a large knowledge base of information and a great opportunity to network with like-minded individuals.”



Market Gardener Training

- 12 week class for local food entrepreneurs
- Since 2006,
 - 250+ graduates
 - Enterprises started include apiaries, farmers' markets, urban farms selling to restaurants and through CSAs, and value-added products



Master Gardener Basic Training

First step to becoming a Master Gardener Volunteer

- Providing volunteer leadership and service to through various gardening activities.
- In 2021,
 - Mentored community gardens
 - Answered lots of garden questions!
 - Virtual Ed series called Gatherings in the Garden
 - We will offer training for new volunteers beginning in 2023



Summer Sprout Program

City of Cleveland Community Gardens

- City of Cleveland's Community Gardening Program since 1976, managed by OSU Extension
- In 2021:
 - 148 gardens
 - 3,876 gardeners
 - 21,844 pounds produce reported donated
 - 4 new gardens



Contact Britiny Hubbard at Hubbard.293@osu.edu

Greater Cleveland Community Garden Program

Beyond Cleveland & Misfits

- Network of community gardens outside the City of Cleveland
- Since 2018:
 - 60+ gardens in 23 municipalities
 - Greenspace projects or those who choose not to participate in Summer Sprout
 - Produce is also often donated

Contact Maggie Rivera!



Urban Agriculture Workshop Series

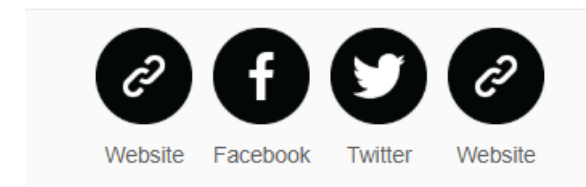
Topics of Interest

- Yearly educational series, free and open to all
- Topics have included:
 - Composting
 - Finding resources for garden
 - Insect ID and pollinators
 - Gardening with Seniors



How to stay in touch

- Urban Agriculture Newsletter
- Sign up today!
 - <https://mailchi.mp/ba5fd6e13f09/ccurbanagnewsletter>
- Facebook/Twitter/Instagram
 - Follow and like us on all!
 - OSU Extension Cuyahoga County



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Introductions!

Make it quick!

1. Name
2. City or Neighborhood of Garden
3. Your favorite thing to grow